

TAY ATX Meeting Notes:

October Recap

- *Quick follow up discussion for Aunt Bertha, recap of Oct meeting*

Trauma-Informed Care & TAY|ATX Group Standards

- [TICC Overview](#) (Camille)
 - *Everyone has the same frame of reference for operating/standards*
- *Encourage you to view TED Talk Dr. Nadine Burke Harris*
 - https://www.ted.com/speakers/nadine_burke_harris_1
- *Do we want to create critical standards for the groups?*
- *Set goals for each other and support each other as we work towards those goals?*

Overview:

- *Screeners vs interviews*
 - *Looking for trauma background/history*
 - *KNOW that when they see trauma they are dealing with additional needs*
 - *More prone to certain medical conditions*
- *Assessment*
 - *Checklists*
 - *PTSD assessments*
 - *Counseling checklists*
 - *Specific tools recommended by TICC*
 - *just for resources only. Nothing specific is being recommended by TAY*

Allison - Interested in group training of some sort

Question - What if there are people that don't have experience with trauma informed care

- *Part of what we can do is make recommendations and have resources available*

Youth should have input in what is included and what isn't included in the recommendations

What causes trauma and some general knowledge -

- *National Child Trauma and Stress Network*

Online Module vs Going to a conference

- *Thinking about how to recommend/take back to own orgs*

Suggestions that could be part of a "menu" that you could choose from

- *When you have had trauma yourself and you need training for secondary trauma. There is another level that you need to pay attention to keep yourself healthy and vibrant at work*

Trauma - Meeting themes, focusing on trauma but it's not at the forefront about disabling situations when you have trauma

- *Example - Get panic attacks, shut down. Dissipate when people need help, how to help them*
- *More regulations around self regulation skills and learning those skills to help our clients bring themselves back*

*Some community trainings to help with that - **Mental Health First Aid***

- *It can be people working in the field or comm members, walks you through how to deal with trauma and MH needs*
- *Free local training - <https://integralcare.org/en/mhfa/>*

Organization Updates

Partnerships for Children:

- *Need donations:*
 - *unwrapped gifts: always run out of baby and teen gifts*
 - *Recommended art and headphones*
- *Need volunteers*
 - *December 10th 6-8pm*
 - *Groups for sorting? December 7th in the afternoon. CPS Office at Summit in North Austin,*
 - *Had a cancellation of group of 40 that day!*
 - *Email Erin Argue → erin@partnershipsforchildren.org*

Lifeworks @ Andrew: Pre rapid rehousing

Andrew.Fike@Lifeworksaustin.org

- Youth at risk of becoming homeless, trying to divert through connections
- Going upstream with homelessness - trying to prevent instead of intervene
 - Willing to compensate hosts to help house them stably
 - Working with the schools using definition of Pinto - Imminent risk, lose housing placement within 14 days
 - Everyone we served so far - gray area, no one is in clean black or white area
- DFPS, ACTS, JJ and AISD must refer
 - AISD Project Help mainly (LMHPs - 17 working with)
- Units at Lifeworks are almost done!

Kathleen @ Change 1

- Ended up at United Christian Church on University

- 50 kids showed up

Allison @ Workforce

- Large recruitment event for job shadowing
- Great success with Amazon, kids were involved and wanted to apply immediately
- Great day at Austin Water - upward mobility and benefits
- Kendra Scott too
- Ongoing days still happening
 - Asks:
 - running into probs with transpo
 - some youth sign up individually and connecting with them directly is hard → Getting the buy in from the youth
- *Question from Allison* What is the thing that you would like to see most
 - Getting food → Kids want food
 - Making it so that it's open group interviews, can be too straight to the business and helping it sound friendly
- *Where is the information posted?*
 - Allison & Leslie running it right now - dealing with youth orgs and the employers and the dates available - ordering buses, etc
 - AllisonBrandt08@gmail.com
 - Email for info
- Want to know what doors will open for you? Where do the youth want to go?
- Allison - Final thought - looking to create pipeline from students and youth directly to the jobs and want to get people connected directly

Camille - Community Based Counseling @ Lifeworks

- Beefed up peer support and counseling

- Added to teams and expanding and excited to move into 2019

Amy @ Freedom Wheels

- We are still figuring it out
- Will be getting some info soon about IRB for the study
- Still meeting weekly and moving forward

Cedric @ Superior

- Transition Coordinator - help with transition 14-20
- Others deal with 0-13 on the STAR Kids side, once they are 14 they become eligible for transition services
- If you have youth that are being cared for before 18 can reach out to us and we can help them understand the benefits for the group.
- @ 18 they age out and want to be on their own. Target that group and help them become well aware of their benefits - I answer to my manager and want to share the form with her first